

# MANUSCRIPT TEN

## Seeing the Path

**THE TENTH INSIGHT is about understanding the perception of mysterious coincidences, the growing spiritual consciousness on Earth and the Ninth Insight disappearances, from the higher perspective of another dimension. Then we can understand why this transformation is happening and participate more fully.**

**If we raise our energy to another level and find the specific locations - dimensional openings - we can discover the perspective of THE TENTH INSIGHT. To find these places we must understand the true nature of our intuitions and how to maintain these mental images. Animals can guide us with our intuitions.**

## **Reviewing the Journey**

**The Fourth dimension is an incredible world of beauty and clear form. It is the same place but everything is different. The world is luminous and awing in an indescribable way. You can will yourself anywhere on the planet just by imaging a destination in your mind.**

**You can travel off the planet into a place of pure ideas where you can create anything you want just by imaging it. Everything as real as anything on earth. Such a constructed world though is not a fulfilling place and gives no inner satisfaction.**

**At this level of vibration it is very easy to lose one's way and forget about the thrill of evolving and experiencing coincidences. Because it is so easy and instantaneous to create with one's will, you can become too controlling and lose your path. Focusing within and looking for a higher connection with the divine energy will raise your vibration higher and reconnect you with the coincidences so that you begin to receive the intuitions again.**

**Receiving an intuition and maintaining it in mind will allow you to move into a new area of this dimension where you can see other, groups of souls who will share their thoughts and knowledge. This knowledge exists only in the Fourth dimension. Only when enough people sense this information, intuitively, can it become real enough in everyone's consciousness for someone to write it down. That is what happened with all spiritual texts and sacred scriptures. It is information that first exists in the Fourth dimension, and is finally picked up clearly enough in the physical (Third) dimension to be manifested by someone who is supposed to write it down. That is why they are called divinely inspired.**

**The reason it has taken so long for someone to grasp the Tenth Insight has something to do with the Fear that arises in a culture that is moving from a material reality to a transformed, spiritual world view. It has to be grasped in sufficient numbers in order to overcome the Fear. Just knowing the first nine insights is not enough. We have to understand how we will implement this destiny. Such knowledge comes from grasping the special relationship between the Third and the Fourth dimension. We have to understand the birth process, where we come from and the larger picture of what human history is trying to accomplish.**

## Reviewing the Journey (continued)

**THE TENTH INSIGHT** will show us the reality of Earth's spiritual transformation, not just from the perspective of the Earthly dimension but from the perspective of the Fourth dimension as well. We will understand more fully why we are uniting the dimensions, why humans must fulfil this historical purpose, and it will be this understanding, once integrated into our culture, that will ensure this eventual outcome.

It also mentions the Fear, saying that at the same time a new spiritual awareness was emerging, a reactive polarisation which will rise up in fearful opposition, seeking to wilfully control the future with various technologies. Technologies even more dangerous than the nuclear menace are already being discovered. The **TENTH INSIGHT** resolves this polarisation.

On Earth, we can will and create almost anything we wish. Real fulfilment comes only when we first tune into our inner direction and divine guidance. Only then do we use our will to move towards the potential futures we receive and become co-creators with the divine source. When we learn to use our visualisation in the same way it is used in the next dimension we fall into alignment with that dimension and that helps the two dimensions unite.

All souls leaving the Physical dimension undergo a Life Review in the Fourth dimension. People who have had near death experiences often report that their whole lives flash before them. The increased awareness of this review process is having a profound effect on human culture. As they share their near death experiences the reality of the Life Review is becoming part of our everyday understanding.

We know that after death, we have to look at our lives again. We are going to agonise at every missed opportunity, at every missed case in which we failed to act. This knowledge is contributing to our determination to pursue every intuitive image that comes to mind, and keep it firmly in awareness. We do not want to miss a single important event and have the pain of looking back and realising that we failed to make the right decision and blew it.

## **Overcoming the Fear**

**In the material world everything is getting worse not better. Economically things are swinging out of control and will eventually explode. It is simple demographics. For most of this century there has been a large middle class in the Western countries who have promoted order and reason and carried a general faith that the economic system could work for everyone.**

**This belief is beginning to collapse now. Fewer people every day now believe in the system, or play by the rules. Technological development is making labour valueless, shrinking the middle classes and splitting human culture into two groups. The “haves” who have investments and ownership in the world economy and the “havenots” who are restricted to menial service jobs. Couple this with the failure of education and you can see the scope of the problem.**

**For most people it takes more and more effort just to survive out there. Tension is off the scale. Nobody feels secure, and the worst is still to come. Population is exploding, and as technology expands even more, the gap will grow between the educated and the uneducated. The haves will control more and more of the world economy and drugs and crime will continue to soar with the have nots.**

**In the undeveloped countries, as in much of the Middle East and Africa, they are governed by religious fundamentalists whose aim is to destroy organised civilisation. They think it is a satanic empire and wish to replace it with some kind of perverted theocracy where religious leaders are in charge of everything and have the sanctioned power to put to death those they consider heretics, anywhere in the world.**

**Law and order and respect for human life are on the way out. The world is in danger of degenerating into a mob mentality, ruled by envy and revenge and led by shrewd charlatans where nobody really cares. All politicians care about are their personal fiefdoms and how to retain them. The world is changing too fast. Those who can't keep up will just look out for number one and get as much as they can as fast as they can before it is too late. This sentiment permeates the whole of civilisation and every occupational group.**

**No one is looking for the truth anymore. Journalists sensationalise the news. Lawyers subvert justice by convincing jurors of hypotheticals that are lies and do not exist. Police officers will no longer risk their lives for a public who do not care. We are cutting corners, maximising short term profits instead of long term planning, because consciously or unconsciously we do not believe our success can last. We are doing this even if we have to break the spirit of trust we have with others and advance our own interests even at the expense of someone else. Soon all the subtle assumptions and agreements that hold civilisation together will be totally subverted.**

## **Overcoming the Fear (continued)**

**This short term view can derive from the “end times” scholars who think that life is just a test of faith to see who will win salvation and who won’t. A divine plan by a cruel god to separate the believers from the wicked. They believe that we live in what they call the last days when all the prophecies will come true.**

**They think history is set up for the return of their messiah and the creation of the heavenly kingdom on Earth. Before this can occur the Earth has to suffer a series of wars, natural disasters and other apocalyptic events predicted in the scriptures. They believe true believers will be snatched off the face of the Earth and lifted into Heaven. Then will come the tribulation, which is a seven year period when all hell breaks loose for who ever is left on earth. Finally the angels of god will swoop down and win the resulting wars and install a spiritual utopia which will last a thousand years.**

**The only prophecy that is being played out in this world is man’s greed and corruption. However as the collapse of the middle class continues and the prophecies of the scriptures appear to be realised, people will need another alternative to giving up their civil liberties and following an Antichrist who portends to lead them out of the chaos.**

**Medicine is changing rapidly. We no longer think of the body as a machine with parts wearing out and having to be replaced. The health of the body is determined by our mental processes - what we think of life and especially ourselves at both the conscious and unconscious levels. The inner attitude of the patient is crucial to good health. A key factor of illness is fear and stress and the way we handle it. Sometimes the fear is conscious but very often we repress it entirely.**

**Adopting a positive outlook is very important in staying healthy, but we have to engage in this attitude in full awareness, using love not the macho attitude that denies the problem. Our unspoken fears create blocks in the body’s energy flow, and it is these blocks that ultimately result in problems. Fears keep manifesting in ever greater degrees until we deal with them. Physical problems are the last step. Ideally these blocks will be dealt with early, in a preventive way, before illness develops. We do not have to be sick and we do not have to be the victim of so many accidents.**

**Try to remember the nature of your thoughts just prior to your health problem. What is the fear that this problem is revealing to you. Try to remember everything you can about where the health problem came from. Explore for yourself. You can do this by calming your mind and receiving this information intuitively. Accidents, illness, healing, they are all more mysterious than we ever imagined. We have an undiscovered ability to influence what happens to us in the future - including whether we are healthy.**

## Overcoming the Fear (continued)

The body is capable of miraculous regeneration. Body parts previously thought of as solid forms are actually energy systems that can transform overnight. The very fact that this kind of spiritual visualisation is being scientifically proven to work, totally undermines our old physical model of healing. The first step in the new healing process is to identify the fear with which the medical problem seems to be connected. This opens up the energy block in your body to conscious healing. The next step is to pull in as much energy as possible and focus it on the exact location of the block. You use the pain. That is why it is there, to help you focus. Pain is really a beacon to help us locate the exact location of the blockage. Place all your attention on that specific area. Be there with all your being. The pain will change in character. It will become warmer, less bothersome, more like a tingling sensation.

The pain serves a function beyond just telling us that something is wrong. It points out exactly where the difficulty is so that we can follow it into our bodies like a beacon and place our attention and energy in exactly the right spot. It is almost as though both the pain and our concentrated energy cannot occupy the same space. By consciously sending higher divine energy into the exact spot identified by the pain the love will transform the cells there into a state of perfect functioning. By imagining your love energy going right into the heart of the pain, lifting that exact point of your body, the atoms themselves, into a higher vibration. See the particles take a quantum leap into the pure energy pattern that is their optimum state. Literally feel a tingling sensation in that spot as the vibration accelerates. Hold that state for about ten minutes.

Finding the original fear is vitally important. When the origin of the illness or accident is very deep, it often requires hypnosis or intensive counselling. As you explore it further, and begin to work through the fear that is holding you back, you will usually discover a fuller understanding of who you are, of what your current life on earth is all about.

The most important step in the healing process is to remember what you want to do with your life. Real healing takes place when we can envision a new kind of future for ourselves that excites us. Inspiration is what keeps us well. People are not healed to watch more TV.

Helping someone who is not well involves the eighth insight process. We can do this by sending the energy and love that flow through us from the divine source to that person, and at the same time visualising that the individual will remember what they really want to do with their life. Of course, sometimes what that person remembers is that it is time to make the transition into the next dimension. When that is the case we have to accept it.

Inwardly we know how to participate in our own healing, physically and emotionally. We can become inspired to shape a higher, more ideal future, and when we do, *miracles happen*.

## Remembering

**THE TENTH INSIGHT** is a greater understanding of the spiritual renaissance happening on this planet. An understanding attained by grasping our relationship to the fourth dimension. The Insight has something to do with clarifying the nature of intuitions, maintaining them in our minds and seeing our synchronistic path in a fuller way.

Our soul group help us dream. When we dream, we unconsciously travel back to a sleep level, where other souls come to help us. Dreams clarify how to handle current situations in our lives. We interpret dreams by superimposing the plot of the dream against the real situation facing us in life. They will not allow us to open up and connect with their energy to boost our own. They will not allow us to mistake them for the universal energy as they know such an identification will not help our growth. Each individual has their own group of souls with whom they resonate and resemble closely.

The memory of our birth into our current life is held by our soul group. The act of lovemaking itself opens up a portal from the Fourth dimension to ourselves. Soul groups exist in a state of extreme love, beyond that which we can normally experience, extreme to the point that it appears orgasmic in nature. Sexual culmination creates a dimensional opening and a rush of energy which allows us to experience this level of love as an orgasm which potentially brings in a new soul. Sexual union may be seen as a holy moment in which part of Heaven flows into the Earth.

Before we are born, each of us experiences a vision of what our life can be, complete with reflections on our parents and on our tendencies to engage in particular control dramas, even how we might work through these dramas with these parents and go on to be prepared for what we want to accomplish.

The vision is an ideal guide for what our highest self intends to happen in life, the best case scenario, so to speak, if all of us were following our intuitions perfectly. What actually happens is an approximation of the vision, the best everyone can do under the circumstances. When we have an intuition or a dream to follow a particular course in our lives and we follow this guidance, certain events transpire that feel like magic coincidences. We feel more alive and excited. The events seem destined, as though they were supposed to happen.

We connect with our soul group. They know us. They share our Birth Vision, follow us through life, and afterward stay with us while we review what happened. They act as a reservoir for our memories, maintaining the knowledge of who we are as we evolve. When we are in the Afterlife dimension, and one of them is born to the physical dimension, we act in the same capacity toward them. We become part of a soul group that supports them.

Our soul group does not give us intuition or direction. Our intuitions and dreams are our own coming from a higher connection with the divine. They can be said to be God given. Our soul group just send us extra energy and uplift us in a particular manner in order to help us more readily remember what we already knew.

When we dream, we reunite with our soul group, and that jogs our memory of what we really wanted to do in our current life situation. We get glimpses of our original intention. Then when we return to the physical, we retain that memory, although it is sometimes expressed in archetypal symbols. The more open we are to our spiritual meaning, the more literally we can interpret our dream information.

## Opening up to the Knowledge

The electromagnetic field of the earth is a giant battery that can provide plenty of electrical energy if you can connect with it in the correct way. The electromagnetic phenomena is incredibly complex. In the latest superstring theories, one has to assume that this radiation emanates across nine dimensions. Incorrect tampering can cause massive earthquakes or even complete physical disintegration of certain areas, putting the laws of physics into unpredictable flux, a twilight zone like the Bermuda triangle.

This technology is composed of several dissimilar parts. You combine a room temperature, superconductive generator system with a very complicated electronic feed back inhibitor, which mathematically enhances certain static output resonance's. If you link several of these in series, amplifying and generating the charge, with an exact calibration, then you will produce virtually free energy right out of the immediate space. The only cost will be the small amount of energy needed to start it. A device the size of a heat pump will power several houses.

Advancement in current computing power is still required to successfully calibrate these mini-generators. Enlarging the mass displacement by making larger generators may result in tapping into the energy of other dimensions, making dimensional warps and strange happenings like the Philadelphia Experiment when a whole ship disappeared.

During a transition in culture, old certainties and views begin to break down and evolve into new traditions, causing anxiety in the short run. At the same time that some people are awakening and sustaining an inner connection of love that sustains them and allows them to evolve more rapidly, others feel as though everything is changing too fast and that we are losing our way. They become more fearful and more controlling to try to raise their energy. They refuse to believe that a new spiritual awareness is emerging. Instead, they think human civilisation is degenerating. This is creating a polarisation of opinion and belief. Human culture can't continue to evolve until the polarisation is ended as it creates a fear which can be very dangerous because fearful people can rationalise extreme measures.

They rationalise that civilisation will fall apart in the future, and they will not be safe unless they seize control.

We cannot fight this fear with any form of violence as it just makes it worse. We cannot intimidate an intimidator. First we must remember our Birth Vision, then we can remember something more, a *World Vision*. This is a memory of how we will fulfil human purpose. It brings in another level of love, an energy, that can bridge the polarisation. It involves the energy level around people who are in Fear. They will be touched, awakened from their pre-occupation. They will chose to stop. Once we can remember beyond our individual birth intentions to a broader knowledge of human purpose and how we can complete this purpose, then this knowledge brings in an expanded energy that can end the Fear. This is called a World Vision.

## A History of Awakening

The Spirituals were a group of monks who believed that a higher awareness could be achieved by extracting themselves from human culture and returning to a contemplative life in nature. Pope Celestine supported this idea. He was deposed as were most of the spiritual sects, condemned as Gnostics and excommunicated. To become a true believer, the early church leaders concluded, one had to forgo understanding and analysis and be content to live life through divine revelation, adhering to God's will moment by moment, but content to remain ignorant of his overall plan. The Gnostic view was that their understandings and methods were intended to actually facilitate this act of "letting go to God's will" that the church was requiring, rather than giving mere lip service to the idea, as the churchmen were doing.

The early church created this dilemma because it was afraid to come out and say that Christ modelled a way of life that each of us could aspire to, despite this being stated in the scriptures. They feared that this would give too much power to the individual, so they perpetrated the contradiction. On the one hand they urged the believer to seek the mystical kingdom of God within, to intuit God's will, and to be filled with the Holy Spirit. But on the other hand they condemned as blasphemous any discussion of how one might go about achieving these states, often resorting to outright murder to protect their power.

None of us can follow our Birth Visions exactly. As we remember our intuitions and sense of destiny in our lives are remembrances of our Birth Vision, we are analysing where we have been off track or failed to take advantage of opportunities, so that we can immediately get back on a path more in line with why we came. We are beginning to bring more of the process into consciousness on a day-to-day basis. In the past we had to die to engage in a review of our lives. Now we can wake up earlier and eventually make death obsolete.

What humans came to Earth to do was systematically remember, to gradually awaken to finally become aware of a process that has been on unconscious since human experience began. From the start humans have perceived a Birth Vision and then after birth have gone unconscious, aware only of the vaguest intuitions. Now we are on the verge of remembering everything. We can look at history not as the bloody struggle of the human animal, who selfishly learned to dominate nature and to survive in greater style, pulling himself from life in the jungle to create a vast and complex civilisation. Instead we can look at human history as a spiritual process, as the deeper, systematic effort of souls, generation after generation, life after life, struggling through the millennia towards one solitary goal of remembering what we already know in the Fourth dimension and to make this knowledge conscious on Earth.

Humanity's long history has been moved by two conflicting urges. On the one hand we are moved past our fears by the strength of our intuitions. On the other hand, we often fall prey to the opposite urge to protect ourselves from fear, at times losing sight of the purpose, falling into the angst of separation and abandonment. Fear leads us into frightened self protection, fighting to retain our positions of power, stealing energy from each other, and always resisting change and evolution, regardless of what new, better information may become available.

## **A History of Awakening (continued)**

**One of the most dramatic transformations in human history was the leap from nomadic wandering to the establishment of large farming villages. Humanity began to acknowledge a multitude of cruel and demanding deities, that existed outside of ourselves and controlled the weather, seasons and stages of harvest. In our insecurity we thought we had to appease these gods with rites, rituals and sacrifice.**

**As large civilisations emerged our destiny to progress by sharing and comparing knowledge, succumbed to individual fear and so began the great era of the empires and tyrants. One great leader after another rose up, uniting the strength of their people, conquering as much land as possible, convinced that the views of his culture should be adopted by all.**

**The Greek culture knew that humans could transcend the habit of fighting and conquering others and implement a new system for the exchange and comparison of ideas, a system that protected the sovereign right of every individual to hold their unique view, regardless of physical strength. A system that is already followed in the next dimension known as *democracy*. The process was finally in place to pursue the evolution of human reality at the verbal rather than the physical level.**

**At the same time, another water shed idea, one destined to completely transform the human understanding of spiritual reality, was surfacing in the written histories of a small tribe in the middle east. The concept of many gods was merely a fragmented picture of a larger whole. In truth they realised there was only one god, a God, in their view, that was still demanding and threatening and patriarchal - and still existing outside of ourselves - but for the first time, personal and responsive, and the sole creator of all humans.**

**In China And India, long the leaders in trade and technology and social development, Hinduism and Buddhism, along with other eastern religions moved the East toward a more contemplative focus. Rather than just pleasing god by performing rites and rituals, the Eastern religions intuited that god was a force and sought connection with god on the inside, as a shift in awareness, an opening up of one's consciousness to a harmony and security that was constantly within.**

**Then one person came into the Earth dimension remembering almost all his Birth Vision. His message was that there was one god, a Holy Spirit, a divine energy, whose existence could be felt and proven experientially. It involved an inner psychological shift based repentance and the suspension of the ego's addictions, and a transcendent "letting go", which would ensure the true fruits of the spiritual life.**

**A new era then evolved in the West. The power of the church was being challenged by another social unit, the nation state. The first democratic parliaments were established, and calls were issued for an end to the divine right of kings and the bloody reign of the church over spiritual and social reality. The Protestant Reformation promised that individuals could go directly to important scriptures and conceive a direct connection with the divine.**

## **A History of Awakening (continued)**

**In Europe, the scientific method was embraced as a democratic process of exploring and coming to understand the world in which humans found themselves. A compromise was reached. Science was free to explore the outer, material world, but left the spiritual phenomena to the still influential churchmen. The entire inner world of experience - our higher perceptual states of beauty and love, intuitions, coincidences, interpersonal phenomena, even dreams - all, at first, were off limits to the new science.**

**By the nineteenth century we were on the verge of a second transformation of human culture, the Industrial Revolution. However by the early twentieth century, because of the abuses of freewheeling capitalism, two other abortive economic systems were set to be offered as alternatives. The initiators of the communist system failed to remember that this utopia could only be accomplished through democratic participation, born of free will and slowly evolved. They erroneously thought that this system could be created through force and dictatorship. Fascism was designed to enhance the profits and control of a ruling elite, who thought of themselves as privileged leaders of human society. They believed that only through the abandonment of democracy, and the union of government with the new industrial leadership, could a nation reach its greatest potential and position in the world. The intuition that all humans are evolving toward perfection was distorted by weak, fearful men into the murderous reign of the Third Reich.**

**The materialism of the previous four hundred years had pushed the mystery of life, and death, far into the background. Many found the churches and synagogues full of pompous and meaningless ritual. Attendance seemed more social than spiritual, restricted by a sense of restriction and judgement by one's peers. At the same time, information was surfacing from the human sciences - sociology, psychiatry, psychology and anthropology - as well as from modern physics, that cast new light on the nature of human consciousness and creativity. The emerging belief that human beings were presently actualising only a small portion of their vast physical, psychological and spiritual potential.**

**Then came the sixties wave of questioning and analysis and criticism, and unwavering rules began to crumble. Everyone now seemed empowered, liberated, free to chart his or her own course in life, to reach out for this nebulous idea of potential. In this climate, what others thought ceased to be the real determinant of our action and conduct. Increasingly our behaviour was being determined by how we felt inside, by our own inner ethics. Any reaction against liberation was considered by many to be an attack by the embattled forces of greed and exploitation in one last attempt to dominate the weaker members of society.**

**The advocates of the old world view saw the erosion of cultural life to the point where an all powerful government could come in and straighten everything out. Finally, big brother would step forward, confiscate wealth and declare martial law. The advocates of liberation and change saw the opposite scenario. Capitalism was failing a whole class of people who had no opportunity to participate in the system. Control by the moneyed corporate interests in the world would slowly divide the world into the haves and have nots. Great numbers of people are gravitating to one perspective or the other raising the stakes towards a war of good vs. evil, with both side seeing the other as the perpetrators of a grand conspiracy.**

## **A History of Awakening (continued)**

**This situation explains the growing influence of the “end-times” analysts who claim to be able to explain this emergent evil. In their view the Bible’s prophecies were to be understood literally, and what they saw in the uncertainty of our time was the long awaited apocalypse preparing to descend. Soon would come the outright holy war in which humans would be divided between the forces of darkness and the armies of light. They envision this war as fast and bloody, and for those who knew it was coming, only one decision was important, to be on the right side when the fighting began.**

**We need a smooth transition from the old materialistic world view to a new spiritual one, where the best of the old traditions will be recognised and integrated into the new world that is emerging. Achieving this reconciliation of views in order to fulfil our human destiny requires the mediating influence of the World Vision. Without it the polarisation of fear will continue to accelerate with both sides hardening, their feelings intensifying, as both begin to think the other is not just wrong, but hideously venal and in league with the devil himself.**

**THE TENTH INSIGHT includes a clear view of the human quest as seen in the Fourth dimension. We are understanding that everyone, all of us are born with a positive intention, trying to bring more of the knowledge contained in the next dimension into the physical. History has been a long process of awakening. When we are born we run into this problem of going unconscious and having to be socialised and trained into the cultural reality of the day. After that all we can remember are these gut feelings, these intuitions, to do certain things. We constantly have to fight the Fear which is often so great that we fail to follow through with what we intended, or we distort it in some way. But everyone comes in with the best intentions. Aberrations occur only after conception.**

**All killing is a rage and lashing out that is a way of overcoming an inner sense of Fear and Helplessness. Horrible acts are caused, in part, by our very tendency to assume that some people are naturally evil. That is the mistaken view that fuels the polarisation. Both sides can’t believe humans can act the way they do without being intrinsically no good, and so they continually dehumanise and alienate each other, which increases the Fear and brings out the worst in everyone. Each side thinks the other is involved in a conspiracy of the greatest sort - the embodiment of all that is negative. We cannot bring in the World Vision, and resolve the polarisation, until we understand the real nature of all evil and the actual reality of Hell.**

**Hell is exactly where we are.**

## **An Inner Hell**

**Souls, who in life lived very restrictive control dramas and could not wake up after death, set up their own mental worlds in the fourth dimension (their afterlife). Many thousands of them exist. If we die and we have been so immersed in our control drama and routine as a way to repress the mystery and insecurity of life, to such a degree that we can't even wake up after death, then we create these illusions or trances so that we can continue the same way of feeling safe, even after we enter the afterlife. It is all a matter of Fear. People in this situation would be paralysed with Fear if they did not find some way to ward it off and repress it below consciousness. What they are doing is repeating the same dramas, the same coping devices they practised in life, and they can't stop.**

**An Intimidator, in the way he steals energy from others, rationalises this behaviour by assuming that the world was out to get him. If he were to run out of people to intimidate and his energy were to fall, anxiety would begin to seep into consciousness again. So he has to keep up the intimidator role constantly, the only action he knows that will preoccupy his mind sufficiently to kill the Fear.**

**The Poor Me takes passivity to the extreme of projecting nothing but despair and cruelty on the entire world, rationalising a need to escape. Obsessively pursuing drugs still serves the function of preoccupying the mind and repressing anxiety, even in the afterlife. In the physical dimension drugs often produce a euphoria quite like the euphoria that comes from love. The problem with this false euphoria, however, is that the body resists the chemicals and counteracts them. This means that as the drug is repeatedly used, it takes an increasingly larger dose to reach the same effect, which eventually destroys the body. Someone who has repressed the mystery of life by eating great amounts of fat destroys their body in much the same way.**

**A compulsive control drama always fails sooner or later. Usually it happens during the trials and challenges of life; routines break down and the anxiety rushes in. It is called hitting bottom. This is the time to wake up and handle the fear in a different way. If a person can't wake up and goes straight back into the trance they may well have trouble waking up in the next dimension as well. These compulsive trances account for all horrible behaviour in the physical dimension. This is the psychology of all truly evil acts, the motivation behind the inconceivable behaviour of child molesters, sadists and serial killers of all kinds. They simply repeat the only behaviour they know that will numb the mind and keep away the anxiety that comes from the lostness they feel.**

**There is no organised conspiratorial evil in the world, no satanic plot to which we fall prey. There is only human fear and the bizarre ways that humans try to ward it off. Satan is a metaphor, a symbolic way of warning people to look to the divine for security, not to their sometimes tragic ego urges and habits. Blaming an outside force for everything bad was perhaps important at a certain stage in human development. Now it obscures the truth, because blaming our behaviour on forces outside ourselves is a way of avoiding responsibility. We can use the idea of Satan to project that some people are inherently evil so we can dehumanise the ones we disagree with and write them off. It is now time to understand the true nature of human evil in a more sophisticated way and then to deal with it.**

## **An Inner Hell (continued)**

Psychological possession does exist, but it is not the result of a conspiracy of evil, it is just energy dynamics. Fearful people want to control others. That is why certain groups try to pull you in and convince you to follow them, ask you to submit to their authority, or fight you if you try to leave. You can become drawn in if you automatically give yourself over to these people without first checking to see if they are connected and motivated by love. This applies to souls in the fourth dimension as well as crazy groups or cults on Earth.

As communication between the two dimensions increases, we will begin to have more encounters with souls in the Afterlife. We must discern between those souls who are awake and connected to the spirit of love and those who are fearful and stuck in an obsessive trance of some kind. We must do so without invalidating and dehumanising those caught in such fear dramas by thinking they are demons or devils. They are souls in a growth process, just like us. In fact in the Third dimension those who are now caught up in dramas from which they can't escape are often the very souls who were the most optimistic in their Birth Visions. They chose to be born into such drastic, fearful situations that necessitate such intense, crazy coping devices. Even if they are violent, we have to see them as having the potential to break free of the drama.

In the case of violent offenders, rehabilitation attempts have always offered, at best, superficial counselling and, in the worst cases, excuses and leniency, which is precisely the wrong thing to do. Every time someone with a disturbed control drama is slapped on the hand, turned loose with no consequences, it enables the behaviour to continue and reinforces the idea that this behaviour is not serious, which just sets up the circumstances that guarantee it will occur again. We can learn to intervene spiritually by helping to bring the whole process into consciousness. In the next dimension the soul groups hold a greater knowledge and can project this knowledge towards a fear construction.

No matter how undesirable the behaviour of others is, we have to grasp that they are just souls attempting to wake up, like us. Coming into awareness and breaking free of a control drama always feels anxious at first, because the compulsion has to lift before the inward solution to the lostness can be found. That is why a "dark night of the soul" sometimes precedes increased awareness and spiritual euphoria.

It will take the pooled energy of a group to bring the memory of the World Vision into focus. A group that can work through the process of remembering and energising themselves. There will be residual feelings within the group which have to be worked through. Everyone in the group will have to deal with them and learn to clear any resentments. Where some members of a group will like each other immediately, others may seem to fall into instant discord for no apparent reason. Human culture must now be ready to perceive the distant source of these unconscious reactions.

## **Forgiving**

**Humans seem to help draw into their lives two particular kinds of events; what we have faith in and what we fear. We are doing it unconsciously. When we remember what we are really supposed to be doing in life, it can restore our health. When we are able to remember what all of humanity is supposed to do, starting right now, from this moment, we can heal the world. Our Birth Vision contains not only what we individually intended to do in the physical dimension but also a larger vision of what humans have been trying to do throughout history, and the details of where we are going from here and how to get there. We just have to amplify our energy and share our Birth Intentions, and then we can remember.**

**Before we can do this we have to identify our unconscious feelings toward other members of the group. Only a group that is fully operating in the Eight insight can accomplish this kind of higher clearing. Uplifting others by knowing how to send energy by focusing on another's beauty and higher-self wisdom. This process can raise the energy level and creativity of the group exponentially. Unfortunately, many groups have trouble uplifting each other in this manner, even though the individuals involved are able to do it at other times. This is especially true if the group is work-orientated, a group of employees, for instance, or people coming together to create a unique project of some kind, because so often these people have been put together before, and old, past-life emotions come up and get in the way.**

**We can be thrown together with someone we have to work with, and we automatically dislike them, without really knowing why. Or perhaps we experience it the other way around where the person does not like us, again for reasons we do not understand. The emotions that arise may be jealousy, irritation, envy, resentment, bitterness, blame- any of these. No group can seek to reach its highest potential unless the participants seek to clear these emotions and return totally back to love.**

**The key is to acknowledge the emotion, to become fully conscious of the feeling, and then to share it honestly, no matter how awkward our attempts. This brings the emotion fully into present awareness and ultimately allows it to be relegated to the past, where it belongs. That is why going through the sometimes lengthy process of saying it, discussing it, putting it on the table, clears us, so that we are able to return to a state of love, which is the highest emotion.**

**If a response is defensive, the other person does not feel heard. The emotion then lingers in their mind as they think of ways to make you understand and convince you. Or if it goes unconscious then the ill feeling will continue to dull the energy between the two people. Either way the emotion remains a problem, getting in the way. Once free of the emotions, a group can more easily move past power struggles and dramas and find its full creativity. We have to do this consciously by finding a higher-self expression in every face.**

**If we look closely at another person's face we can cut through any facades, or ego defences, that may be present, and find the individual's authentic expression, their real self. In truth we are called upon to focus on the whole of the face, which with its uniqueness of light and shadow and alignment of features is much like an inkblot. Within this collection of features, one can find an authentic expression, the soul shining forth.**

## Forgiving (continued)

When we focus in love, love energy is sent to this higher-self aspect of the person, and the person will seem to change before our eyes as their greater capabilities shift into place. All great teachers have always sent this kind of energy to their students. That is why they were great teachers. The effect is even greater with groups who interact this way with every member. As each person sends the others energy, all of the members rise to a new level of wisdom which has more energy at its disposal. This greater energy is then sent back to everyone else in what becomes an amplification effect.

Business is too often labelled as a greedy villain, out of control and with no conscience. Business too is moving into a spiritual awareness and for that we need a new kind of business ethic. We are now ready to evolve business and the new technology in a conscious manner. Productivity has steadily increased through the expansive use of natural resources and energy, but we have forgotten that we are on an organic, energy planet. This pollution will stop when business and employees of the business regulate themselves.

The evolving economy will continue to displace workers who will survive by learning to live intuitively and synchronistically. There is no going back, we are already in the information age. Everyone will have to educate themselves the best they can, become an expert in some niche, so that they can be in the right place at the right time to advise someone else or to perform some other service. The more quickly the world is changing the more we need information from just the right person at just the right time. We do not need a formal education to do that, just a niche created for oneself through self-education.

Our guiding intuitions become most clear when we approach business from an evolutionary perspective. Instead of being purely financially driven we must ask our market and ourselves what can be produced that liberates and informs, making the world a better place, yet preserving the delicate environmental balance. A new code of ethics is being added to the equation of free enterprise. We have to ask whether what we are creating consciously serves the purpose for which it was invented. Does it make everyday subsistence easier so that the prevailing orientation of life can shift from mere survival and comfort to the interchange of pure spiritual information. Each of us has to see that we have a part in the evolution toward lower and lower subsistence costs, until finally the basic means of survival is virtually free.

We can move towards a truly enlightened capitalism if, instead of charging as much as the market will bear, we follow a new business ethic based on lowering our prices a specified percentage as a conscious statement of where we want the economy to go. This process will be enhanced by the discovery of a very inexpensive energy source. This energy has to be made available in the most inexpensive way possible if it is to have its most liberating impact. If one sees life as a spiritual evolution, then our spiritual responsibility changes our view completely, away from our focus of living on one's wits, seeking as comfortable a life as possible for ourselves and our children.

When we see the birth process from the perspective of the next dimension, we realise that we are all here to bring the Earth dimension into alignment with the Heavenly Sphere. Opportunity and success are very mysterious processes. If we operate our economic life in the flow of the overall plan, we synchronistically meet all the other people who are doing the same thing, and suddenly prosperity opens up for us.

We will do it because individually that is where the intuitions and coincidences will take us. We will remember more about our Birth Vision and it will become clear that we are all meant to make a certain contribution to the world. If we do not follow this intuition, not only will the magic coincidences and the sense of inspiration and aliveness stop, but eventually we may have to face our failure in an Afterlife Review.

## **Forgiving (continued)**

In the Fourth dimension each of us comes from a particular soul group. These groups each have a particular angle or truth to offer the rest of humanity. They are like family. We are connected to them by thought, but we have to sustain our own connection with the divine source beyond them before we can link to their energy and pick up on what they know is in our own higher memory. They hold the memory for us.

**FACILITATORS** are a soul group who help us evolve our understanding of life.

**SOLIDIFIERS** are orientated towards our health and well-being.

**CONCEPTUALISERS** transform our use of technology and commerce to find the ideal.

**RESEARCHERS** help people appreciate and learn from each other.

To bring in the World Vision we have to remember our Birth Visions and integrate them together as a group. This merges the power of our relative soul groups in the other dimension. This helps us remember even more, so we finally get the overall vision of the world. Each person on earth belongs to a soul group. Each soul group represents the various occupational groups that exist on the planet; medical, lawyers, accountants, computer workers, farmers, every field of human endeavour. Once people find their right work, the job that really fits them, then they are working with other members of their soul group.

As each of us wakes up and begins to remember our Birth Vision - why we are here - the occupational groups to which we belong come more into alignment with the members of our groups in the other dimension. As this happens, each occupational group on Earth moves toward its true soul purpose, its role of service in human society. We are all awakening to our true message and purpose, and as this happens all over the planet, we are then able to go further. We can form close spiritual associations with people outside our particular soul group.

First each of our soul groups comes closer into vibration with us on earth and we with them. The two dimensions opening into each other. This joining of the Third to the Fourth dimension allows us to begin to communicate. We are able to see souls in the Afterlife and pick up on their knowledge and memory more readily. That is happening with increasing frequency on Earth. The other thing that happens is that the soul groups come in closer resonance with each other. That is why the Earth is the primary focus of the souls in the next dimension. They can't unite on their own.

Over there, many soul groups remain fragmented and out of resonance with each other because they live in an imaginary world of ideas that manifests instantly and disappears just as quickly, so that reality is always arbitrary. There is no natural world, no atomic structure, as we have here, that serves as a stable platform, a background stage, that is common to all of us. We affect what happens on this stage, but ideas manifest much more slowly and we must reach some agreement on what we want to happen in the future. It is this agreement, this consensus, this unity of vision on Earth, that also pulls the soul groups together in the next dimension. That is why this dimension is deemed so important, it is where the true unification of souls is taking place.

It is this unification that is behind the long historical journey that humans have been taking. The soul groups understand the World Vision of how the physical world can evolve and the dimensions can close. This can only be accomplished by individuals who are born into the physical, one at a time, hoping to move the consensus Earth reality in that direction. The Third dimension is the theatre upon which evolution is playing out for both dimensions, and now we are bringing it all into culmination as we remember consciously what is going on.

## Remembering the Future

With the birth of the universe, matter exploded into being and gravitated into stars that lived and died and spewed forth the great diversity of elements that ultimately formed the Earth. These elements, in turn, combined in the early terrestrial environment into ever more complex substances until eventually they leaped into organic life. Life that then also moved forward, into greater organisation and awareness, as if guided by an overall plan.

An aspect of each of the souls in the Fourth dimension - a part of all of humanity - had lived through this long, slow process of evolution. We had swum with the fishes, boldly crawled upon the land as amphibians, and struggled to survive as reptiles, birds and mammals, fighting every step of the way to finally move into human form - all with intention. We knew that through wave after wave of successive generations, we would be born into the physical plane, and no matter how long it took, we would strive to wake up, and unify, and evolve, and eventually implement the same spiritual fourth dimensional culture.

With the first intuition to awaken, we would sense the fear of aloneness and separation, yet we would not go back to sleep. We would fight through the Fear, relying on the dim intuition that we were not alone, that we were spiritual beings with a spiritual purpose on this planet. Following the urge of evolution, we would gravitate together into larger, more complex social groupings, differentiating into more diverse occupations, overcoming a need to defeat and conquer each other, and eventually implement a democratic process through which new ideas could be shared and synthesised and evolved into ever-better truths. Gradually our security would come from inside us, as we progressed from an expression of the divine in terms of nature gods to the divine as one father god outside ourselves to a final expression as the Divine Energy within. Visionaries from both East and West would clarify that this "Holy Spirit" was always there, always accessible, waiting only for our ability to repent, to open up, to clear the blocks that prevent a full communion.

Over time we knew, our urge to unify and share would expand until we sensed a special community, a deeper association with others who shared a particular geographical location on the planet, and the human world would begin to solidify into political nation-states, each holding a unique viewpoint. Soon after would come an explosion of trade and commerce. The scientific method would be instituted, and the resulting discoveries would initiate a period of economic preoccupation and the greater secular expansion known as the Industrial Revolution. The Insights would gradually permeate human consciousness and we would evolve our economy into a form compatible with the natural Earth, and finally, begin to move beyond the last fearful polarisation of forces toward a new spiritual worldview on the planet.

All humans on earth are migrating into two conflicting positions. One pushing toward a vague but ever clearer image of transformation, and the other resisting, sensing that important values contained in the old view were being lost forever. This conflict will be our greatest challenge to the spiritualisation of the Third dimension - particularly if the polarisation grows to extreme. In this case, both sides would entrench into an irrational projection of evil onto the other, or worse might believe the literal translations of the end-times prophecy and begin to think the coming future was beyond their influence and therefore give up completely.

## **Remembering the Future (continued)**

**As with all the scriptures, the visions in Daniel and Revelations were divine intuitions coming from Fourth into the Third dimension, and so must be understood as dreams, draped in the symbolism of the seer's mind. The prophecies envisioned an eventual end to the human story on Earth. An end that, for believers, would be quite different from the one experienced by non-believers. Non believers were seen to experience an end of history that would begin with great catastrophes and environmental disasters and collapsing economies. Then at the height of the fear and chaos, a strong leader would emerge, the Antichrist, who would offer to restore order, but only if individuals would agree to give up their liberties and carry the "mark of the beast" upon their bodies in order to participate in the automated economy. Eventually this strong leader would declare himself a god and take by force any country that resisted his rule. At first making war on the forces of Islam, then on the Jews and Christians, ultimately casting the whole world into a fiery Armageddon.**

**For believers, the scriptural prophets predicted a much more pleasant end to history. Remaining true to the spirit, these believers would be given spiritual bodies and be raptured into another dimension called the new Jerusalem, but would be able to go back and forth into the physical. Eventually at a certain point in the war, God would fully return to end the fighting, restore the earth, and implement a thousand years of peace where there would be no sickness or death, and everything would be transformed, even the animals of the world, who would no longer eat meat. Instead, The wolf shall dwell with the lamb and the lion shall eat straw like the ox.**

**Two distinctive futures would be opening in front of us. We could choose either to languish in Fear, believing that the world is moving into a Big-brother style of automation, social decay and ultimate destruction. Or we could follow the other path and consider ourselves the believers who can overcome this nihilism and open to the higher vibrations of love. Here we are spared the apocalypse and can enter a new dimension in which we invite the energy, through us, to create just the utopia the scriptural prophets envisioned. If we decide that these scriptures mean that the destruction of the world is inevitable, written unalterably into God's plan, then the effect of such a belief would be to create this very outcome.**

**It is known in the Fourth dimension that each side represents a part of the truth that must be integrated and synthesised into a whole, new, spiritual world view. This synthesis will be a natural outgrowth of understanding of the insights themselves. TENTH INSIGHT Groups will form all over the planet, reaching a critical mass of energy, and then learning to project this energy in such a way that the entrenched sides of the polarisation immediately begin to lighten and ease, overcoming the Fear. Especially affected will be the controllers of technology, who will remember themselves and give up their last efforts to manipulate the economy and seize power.**

**The result of the projected energy will be an unprecedented wave of awakening and remembrance and co-operation and personal involvement, and a virtual explosion of new individuals, all of whom would begin to fully recall their Birth Visions and follow their synchronistic path into exactly the right positions within their culture. No longer will intervention be conceived in terms of government programmes or merely in terms of education and jobs. The new approach will be deeply spiritual. The structures of education are already in place. What is missing is the ability to break free from the Fear and to overcome the hellish diversions set up to ward off the anxiety of poverty.**

## **Remembering the Future (continued)**

**Waves of individuals will begin to form personal relationships with the regard to families and children in need. Beginning with those who see the family everyday - merchants, teachers, doctors, police officers, ministers etc. This contact can then be expanded by other volunteers working as “big brothers” or “big sisters” and tutors or mentors - all guided by their inner intuitions to help, remembering their intention to make a difference with one family or one child. All will carry the contagion of the Insights and the crucial message that no matter how tough the situation, or how entrenched the self-defeating habits, each of us can wake up to a memory of mission and purpose.**

**Incidents of violent crime will begin mysteriously to decrease across human culture. The roots of violence are always frustration and passion and fear scripts that dehumanise the victim. A growing interaction with those carrying a higher awareness will begin to disrupt this fear mind-set. Initially there is a need for more, new prisons as we recognise that returning these people to the community too early, or leniently letting them go in order to give them another chance, reinforced the behaviour. What is needed is an integration of the Insights into the actual operation of detention facilities, introducing a wave of private involvement with those incarcerated, shifting the crime culture and initiating the only rehabilitation that works - the contagion of remembering.**

**As increasingly more people awaken they will take the time to intervene in conflict at every level of human culture. In all situations of past conflict, on every level, there was someone ideally placed to prevent the violence, but they failed to act. The people in our lives are probably souls with whom we have had long relationships over many lifetimes, and who are now counting on our help. We are compelled to act, compelled to be courageous because we do not want to have failure on our conscience, or to have to bear the tortuous Life review in which we will watch the tragic consequences of our timidity.**

**The emerging spiritual awareness will finally force an end to the disgraceful environmental government practices. Majestic cathedral forests will no longer be pillaged in the name of forest management. Every remaining site of natural beauty will be saved for the benefit of future generations. The developed cultures will finally turn to the native people of the world with a new respect and appreciation, eager to integrate a mystical redefinition of the natural world. Medicine will move from the mechanical treatment of symptoms towards holistic prevention of disease. The legal profession will resolve conflict in the most win-win manner possible away from self-serving conflict creation. Industry by industry will shift into an Enlightened Capitalism oriented not just to profits but to filling the needs of enlightened human beings, and making them available at the lowest possible price. This new business ethic will produce a grass roots deflation, initiating a systematic evolution towards an eventual full automation and ultimately the free availability of the basic necessities of life, liberating humans to engage in the spiritual tithe economy envisioned in the Ninth Insight.**

**In the new spiritual age individuals will come of age and remember themselves as souls born from one dimension of existence into another. Although memory loss during birth is to be expected, recapturing early life memory will become an important early goal of education. As youths, our teachers will first guide us through the early experience of synchronicity, urge us to identify our intuitions to study certain subjects, to visit particular places, always looking for higher answers as to why we are pursuing these particular paths.**

## **Remembering the Future (continued)**

**As the full memory of the Insights emerges, we will find ourselves involved with certain groups, working on particular projects, bringing in our full vision of what we had wanted to do. Finally we will recover the underlying intention behind our lives. We will know that we came here to raise the vibratory level of this planet, to discover and protect the beauty and energy of its natural sites, and ensure that all humans have access to these special locations, so we can continue to increase our energy, ultimately instituting the Afterlife culture here on Earth.**

**No longer will we see human beings merely in the racial dress or national origin of one particular lifetime. Instead we will see others as brother or sister souls, engaged like us, in a process of coming awake and of energising the planet. It will become known that the settling of certain souls into various geographical locations on the planet occurs with great meaning. Each nation is an enclave of special spiritual information shared and modelled by its citizens, information learned and waiting to be learned and integrated.**

**The world political unity, envisioned by so many, will finally be achieved through a grass roots acknowledgement of our spiritual similarities while treasuring our local autonomy and cultural differences. As with individuals interacting in a group, each member of the family of nations will be recognised for this culture truth represented to the world at large. As the tide of remembrance continues to sweep the planet, all human beings will begin to understand that their destiny is to discuss and compare the perspectives of our particular religions, and while honouring the best of our individual doctrines at the personal level, will ultimately see that each religion supplements the others and integrates them into a synthesised global spirituality.**

**As the collective human culture moves from the sharing of economic information to the synchronistic exchange of spiritual truths, humanity will enter another level. Certain individuals and groups will begin to reach levels approaching that of the Fourth dimension and will disappear to the larger majority remaining in the Third. These select groups will walk intentionally into the next dimension, yet will learn to go back and forth, just as the Ninth Insight predicts and the scriptural prophets saw. Those left on earth will understand what is occurring and accept their role in remaining in this dimension, knowing that they will one day follow.**

**We will see clearly that through this Middle Eastern dialogue of energy integration, history has fulfilled the scriptural prophecies in a symbolic and verbal manner, avoiding the physical apocalypse expected by the Literalists. We will see that our intention all along was not merely to create a new Earth, but a new heaven as well. Remembering the World Vision en mass will transform not only our Third dimension but also the Fourth to which we are linked inextricably by our soul groups.**

**From the beginning of time, as our memory opened, energy and knowledge has systematically passed between the dimensions. At first the soul groups had borne full responsibility for maintaining the intention and envisioning the future, helping us recall what we needed to do, giving us energy. Then as consciousness on earth progressed and the population increased, the balance of energy and responsibility will shift slowly toward the physical dimension, until, at this point in history, when enough energy has shifted and the World Vision is being remembered, the full power and responsibility for believing and creating the intended future will shift from our soul groups to the humans on Earth, the newly forming groups, to *us*.**

## **Holding the Vision**

**The key aspect of the World Vision is not the mere experience of it but how we project this vision of the future, how we hold it for the rest of humanity. That is the overall message of the TENTH INSIGHT.**

**When an animal shows up in our lives it is a coincidence of the highest order. These animals have a message for us depending on the particular type of animal. Each species that crosses our path tells us something about our situation, what part of ourselves we must call on to handle the circumstance we face. Animals reflect our own level of consciousness and expectation. If our level of vibration is low, the animals will merely be there with us, performing their usual ecological functions. When a sceptical biologist reduces animal behaviour to mindless instinct, he sees the restriction that he himself has put upon the animal. As our vibration shifts, the actions of the animals that come to us become ever more synchronistic, mysterious and instructional.**

**A wild rabbit models how to face fear and move past it into abundance. When a rabbit appears in our lives it is a signal for us to do the same.**

**Crows are the holders of the laws of spirit. Seeing one reminds us to open up and remember our spiritual reality.**

**Hawks are alert and observant, ever vigilant for the next piece of information, the next message. Their presence means it is time to increase our awareness.**

**Cats implore us to remember our ability to intuit and to self heal.**

**An Eagle soars to great heights, and represents an opportunity to actually venture into the higher realms of the spirit world.**

**The presence of an Owl means that we have the opportunity to see through the deceptions of others and cut through the darkness to hold a higher truth.**

**Animals represent parts of ourselves we need to get in touch, aspects of ourselves that we developed when we were those animals during the course of evolution, but have lost. Our consciousness moved through each animal as it represented the end point of life's development and then leapt to the next. We experienced the way each species views the world, which is an important aspect of the complete spiritual consciousness. This is also true of the rich diversity of human thought, represented by the various cultures around the planet. None of us knows exactly where the current truth of human evolution resides. Each culture around the world has a slightly different worldview, a particular mode of awareness, and it takes the best of all cultures, integrated together, to make a more ideal whole.**

**The Western mind lost touch with the mystery and reduced the magic of the deep woods to lumber and the mystery of wildlife to pretty animals. Urbanisation has isolated the great majority of people, so that we now think a journey into nature is a stroll on the golf course or a trip to the zoo. There are too many of us now for the wild areas that still exist. Most of us are forced to draw on animal cards to see what animal signs are coming into our lives.**

## **Holding the Vision (continued)**

**THE TENTH INSIGHT** - learning to have faith in our intuitions, remembering our birth intention, holding our birth intention, holding the World Vision - all of it is about understanding the essence of “real” prayer. When we pray in the correct fashion, we are not asking God to do something. God is inspiring us to act in his place to enact his will on Earth. We are his emissaries on this planet. True prayer is the method, the visualisation, that God expects us to use in discerning his will and implementing it in this dimension. His kingdom is come, his will be done, on earth, as it is in heaven. We are here, to fulfil our destiny, in the Third dimension, as we do in the Fourth.

In this sense, every thought, every expectation - all of what we visualise happening in the future - is a prayer, and tends to create that very future. No thought or desire or fear is as strong as a vision that is in alignment with your divine destiny. That is why bringing in the World Vision, and holding it, is so important. We will know what to pray for, what future to visualise.

After we grasp the first nine Insights, each of us is left trying to live this reality day-to-day, in the face of what seems to be a growing pessimism and divisiveness all around us. At the same time, we are continuing to gain a greater perspective and clarity about our spiritual situation and who we really are. We know we are awakening to a much larger plan for planet Earth.

**THE TENTH INSIGHT** is about maintaining our optimism and staying awake. We are learning to better identify and believe in our own intuitions, knowing that these mental images are fleeting recollections of our original intention, of how we want our lives to evolve. We want to follow a certain path in this life, so that we can finally remember the truth that our life experiences are preparing us to tell, and bring this knowledge into the world. We will then see our lives from the higher perspective of the next dimension. We know that our individual adventures are occurring within the context of the long history of human awakening. With this memory, our lives are grounded, put into context; we will see the long process through which we have been energising the physical dimension, and what we have left to do.

The polarisation of Fear is still rising, and if we are to resolve it and move on, each of us must participate personally. We must watch our thoughts and expectations very carefully, and catch ourselves every time we treat another human being as an enemy. We can defend ourselves and restrain certain people, but if we dehumanise them, we add to their Fear. We are all souls in growth. We all have an original intention that is positive and we can all remember. Our responsibility is to hold that idea for everyone we meet. That is the true Interpersonal Ethic, how we uplift, that is the contagion of the new awareness that is encircling the planet.

We either fear that human culture is falling apart, or we can *hold the Vision* that we are *awakening*. Either way our expectation is a prayer that goes out as a force that helps to bring about the end we envision. Each of us must consciously choose between these two futures.

Angels respond to our faith and vision and can make miracles. They are still a mystery to those in the Fourth dimension. We are destined to understand the Angels next.